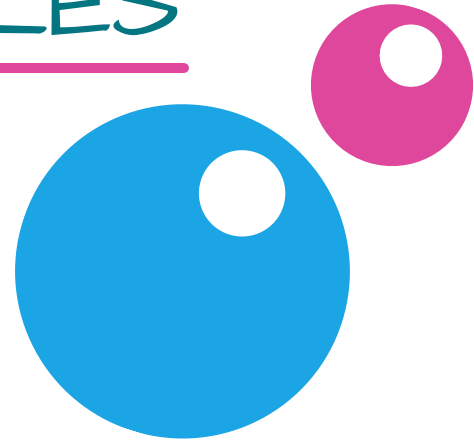


# 102 ARTIST CIRCLES™



**96% of Participants would recommend the Circles to a friend**



That's just under 50 participants out of the 52 amazing female artists and creatives engaged with the Circles across the 4 countries (UK, Spain, Italy and Poland)

## Testimonials

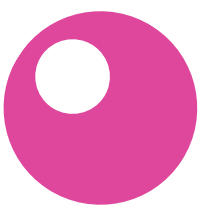


"It helped me to realize that there are people that could help you achieve your objectives and internationalize the project." - Spain

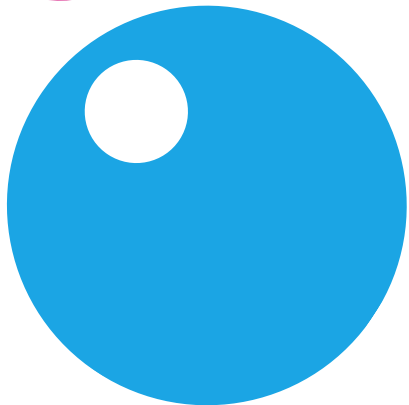
"This has been motivating, inspiring and insightful. I've gained confidence just from these few sessions" - UK

"A really interesting and important project for everyone's personal growth." - Italy

## Soft Skills Development

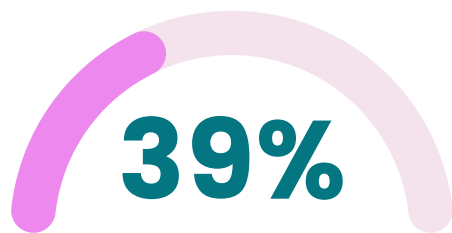


We saw that specific soft skills were greatly developed in all partner countries!



These skills included an increased knowledge of entrepreneurship, goal setting/identifying future goals, and stress management.

Notably, participants' goal setting abilities increased in all countries, on average by 1.25 points - a 39% increase from the start of the sessions.



We also saw the understanding of values increase in all countries, on average by 0.75 points - a 21% increase after just 3 sessions!!